



Befriended recommendations for returning to person-to-person befriending

A risk assessment visit/phone call will take place before any face-to-face visiting in clients home recommences

Following the risk assessment these are our recommendations

- Befriender and Befriender are happy for visits to commence and agree (if any) to respect one another's wishes
- Please contact one another before the planned visit to ensure
 - Neither one is feeling unwell
 - Neither one is experiencing symptoms relating to Covid-19 or anything else
 - Neither one has encountered anyone who has tested positiveIf so, **please do not visit**
- Please follow the government guidelines if feeling unwell
- Please take sensible precautions bearing in mind you are visiting a vulnerable person e.g.
 - **Hands** - wash your hands before your visit and use hand sanitizer when visiting.
 - **Space** – keep a reasonable distance, if possible, hug and/or shake hands briefly
 - **Air** – if possible, meet outside or if inside open a window but not so either one of you becomes cold
- If visiting in a care home, residential home or hospital please follow their guidelines/policy
- If taking your Befriender for an outing, please follow above recommendations as well as local restrictions and guidelines i.e., wearing of facemasks in shops.

Thank you for all you do in making life better for others, one smile at a time

July 2021